

## Easy Walking – June 2026

All walks start at 9:30.

June 1 Mon Canyon, Qualicum. Park at Old Train Station (Sunningdale & Beach).

June 3 Wed Rath Trevor. Park in Lot 1.

June 5 Fri Heritage Forest, Qualicum. Hwy. 19A, turn Left onto Crescent Rd. Park near Forest entrance.

June 8 Mon Craig Bay, Bottom. Turn Left at Northwest Bay Rd. traffic light, drive straight into gravel lot.

June 10 Wed Springwood. Park at dog park on Despard.

June 12 Fri Shelly Creek, (Hamilton). Turn onto Corfield, at top of hill turn Left onto Hamilton. Park near mailboxes.

June 15 Mon Craig Bay, Top. Turn Left at Northwest Bay Rd. traffic light, drive straight into gravel lot.

June 17 Wed Ravensong, Qualicum. Park in Civic Centre lot near dog walking area.

June 19 Fri Parksville Community Park. Park near Curling Rink.  
After the walk, PGOSA is having a Pancake Breakfast near the bandstand at the shelter.  
Cost is \$5.00 per person (includes 2 pancakes, 2 sausages, orange juice and coffee).

June 22 Mon Qualicum Waterfront. Park near washrooms (bring a chair and beverage), will sit on beach if it is a good day.

June 24 Wed Fern Road, Qualicum. Park near Legion on Veterans Way.

June 26 Fri Moorecroft, Nanoose. Turn Left at Northwest Bay Rd traffic, then Right onto Northwest Bay Rd, at Stewart Rd. turn Left. At the Y keep to your Left, follow signs to Moorecroft. (Since we will be far from coffee shops, bring a picnic lunch and beverage and we will sit at the picnic tables by the water).

June 29 Mon Lions Way, Qualicum Bay. (Also known as Lighthouse Country Regional Trail). Hwy 19A, turn Left onto Lions Way, Right onto Lioness Blvd., Left into gravel lot.  
Lunch to follow at Sandbar Cafe which is across Hwy. from Lions Way.

Contact Info:

Phyllis

Cellphone: 250-228-3144 call or text.

NB: please let ME know if you are unable to walk due to appts, illness, or going away for an extended period of time.