

## Easy Walking – March 2026

All walks start at 9:30.

March 2. Mon. Canyon, Qualicum. Park at the Old Train Station (Sunningdale & Beach).

March 4. Wed. Rath Trevor. Park in Lot 1.

March 6. Fri. Heritage Forest, Qualicum. Hwy 19A, turn Left onto Crescent Rd, park near Forest entrance.

March 9. Mon. Craig Bay, Bottom. Turn Left at Northwest Bay Rd traffic light, drive straight into gravel lot.

March 11. Wed. Springwood. Park near dog park on Despard.

March 13. Fri. Shelly Creek (Hamilton Ave). Turn onto Corfield, at top of hill turn Left onto Hamilton Ave. Park at mailboxes.

March 16. Mon. Craig Bay, Top. At Northwest Bay Rd traffic light, turn Left, drive straight into gravel lot.

March 18. Wed. Parksville Community Park. Park near Curling Rink closest to the new washrooms.

March 20. Fri. Ravensong, Qualicum. Park in Civic Centre parking lot.

March 23. Mon. Qualicum Waterfront. Park near washrooms.

March 25. Wed. Fern Rd, Qualicum. Park near Legion on Veterans Way.

March 27. Fri. Bottom of Shelly Road. Turn at Speedy Glass, drive to bottom of hill.

March 30. Mon. Lions Way, Qualicum Bay (Also known as Lighthouse Country Regional Trail). Hwy 19A, turn Left onto Lions Way, Right onto Lioness Blvd, Left into gravel lot. Lunch to follow at Sandbar Cafe which is located across the Hwy from Lions Way.

Walks will be cancelled if there are high winds, torrential rains or icy slippery conditions.

Please let me know if you are unable to walk on any given day or no longer want to receive monthly walk schedule.

Contact info:

Phyllis

Cellphone number: 250-228-3144 Call or text.