

Easy Walking – January 2026

All walks start at 9:30.

Jan. 2 Fri. Heritage Forest. Hwy 19A, turn Left onto Crescent Rd. Park near Forest entrance.

Jan. 5. Mon. Rath Trevor. Park in Lot 1.

Jan. 7. Wed. Craig Bay Bottom. Turn Left at Northwest Bay Rd traffic light, drive straight into gravel lot.

Jan. 9. Fri. Springwood. Park near dog park on Despard.

Jan. 12. Mon. Shelly Creek, Hamilton Ave. Turn onto Corfield, at top of hill turn Left onto Hamilton. Park near mailboxes.

Jan. 14. Wed. Craig Bay Top. Turn Left at Northwest Bay Rd traffic light, drive straight into gravel lot.

Jan. 16. Fri. Parksville Community Park. Park near Curling Rink (furthest lot near new washrooms).

Jan. 19. Mon. Ravensong. Park in Civic Centre lot closest to dog walk area.

Jan. 21. Wed. Qualicum Waterfront. Park near washrooms.

Jan. 23. Fri. Fern Rd, Qualicum. Park near Legion on Veterans Way.

Jan. 26. Mon. Shelly Creek Bottom. Turn at Speedy Glass, park at bottom of hill.

Jan. 28. Wed. Canyon, Qualicum. Park at Old Train Station. Sunningdale/Beach.

Jan. 30. Fri. Lions Way, Qualicum Bay (also known as Lighthouse Country Regional Trail). Hwy 19A, turn Left onto Lions Way, Right onto Lioness Blvd, Left into gravel lot. Lunch to follow at Sandbar Cafe which is located across the Hwy from Lions Way.

Walks will be cancelled if there are high winds, torrential rains or snowy, slippery conditions.

Contact:

Phyllis

Cellphone # 250-228-3144.

Please contact if you are unable to walk on a given day.